

**NLLN Continuing Education Scholarship Report for
2007/2008**

**Jeanette Jensen
University of Minnesota Libraries “Enhancing Quality Staff” Symposium
May 20, 2008**

Thank you for the scholarship for me to attend the Enhancing Quality Staff Symposium presented by the University of Minnesota Libraries. I attended the following sessions:

Identity Theft: Special Officer Paul McCabe, Denise Gamble, Mike Sutliff

This was a very informative session. Denise Gamble spoke of her personal experiences of identity theft – this was truly an eye opener and made me aware of how vulnerable we all are. We need to truly take extra precautions to avoid identity theft. They advised everyone to request a credit report at least once a year.

Creating Dynamic Exhibits and Displays: Darren Terpstra

Darren was very knowledgeable and shared his ideas of the basics of exhibits and how to create a visually stimulating exhibit or display. The display needs to communicate and tell a story. The different steps were: select a topic, plan the space and installation. I am currently on the Facilities and Display Committee at MSUM Library and this information will be helpful to me. Our committee gives input and guidance regarding the library’s facilities and atmosphere and to coordinate the library’s rotating displays.

Thinking Outside the Pizza Box : Practical Nutrition for Busy Adults: Christine Twait

Christine shared guidelines for good eating habits and explained the new food pyramid. A good website to plan and track your eating habits is: <http://mypyramid.gov>
She gave different ideas for menu planning for our busy lives.

Housing Decisions for Aging Elders: Lynn Cibuzar

Lynn discussed the different housing options available for the elder. She explained the alternatives to a nursing home and which types will meet the senior’s needs. She gave us a reference sheet of different ‘Help at Home’ options that are available to allow seniors to stay at home. I found this to be very useful information and that we all will be facing these decisions with our own families.

Overall, this was a good conference for me and I hope to refer back to the information that I learned.

Thank you, NLLN, for your support!

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5/21/08